



H.E Bourgoin Middle School

Bears Facts

Newsletter March 24th-28th

H.E.Bourgoin Mission Statement:

We develop confident learners who are caring community members through respect, opportunity, kindness and safety.

HEB ROKS

Quality Teaching– Literacy

5C and 7H doing reader's theatre presentation for reading buddies in the library.



Quality Teaching– Numeracy

5C had to do different math challenges on division and decimals to uncover clues and find out which leprechaun stole the pot of gold. Once they figured it out they enjoyed lucky charms and shamrock shakes!



Staff from BCHS are coming to visit in April!

They are making some changes to the grade 9 program, and need the voices of our grade 8 students.



Supports & Services

Hey Parents, check out this website:



[ADHD Experts: Free Webinars](#)

This website is a comprehensive hub of free expert-led webinars focused on ADHD, learning differences, and related mental health conditions. It's an incredible resource for parents looking to better understand and support their children with ADHD.

ROK TALK

HEB is a positive and enthusiastic environment where people truly care about each other. We support students in many ways including academically, socially and personally. Many pathways are provided for students to thrive and come into their own within. Staff come together to help each other, always setting an example for students.

—Ms. Deal Grade 5 Teacher

Enhanced Programming Opportunities



The Ultimate Career Exploration Field Trip!

Any student interested will have the opportunity to:

- **Get Inspired!** Kick off your experience at Launch Pad, where an engaging video will showcase the exciting possibilities of a career in the skilled trades and technologies.
- **See the Best in Action!** Watch Alberta's top high school and post-secondary students compete in over 45 skilled trade and technology events—a true display of talent and expertise
- **Get Hands-On!** Test your skills and explore your interests at Try-A-Trades® and Try-A-Skills stations, where you can experiment with a variety of trades and technologies.
- **Plan Your Future!** Connect with industry professionals and post-secondary representatives in Skill City, where you can explore career and education pathways

Don't miss this exciting opportunity to learn, explore, and get inspired! See you there!

Location: Edmonton Expo Centre

Date: May 7th

Video: <https://www.youtube.com/watch?v=TDtHVUS-hFU>

HOT LUNCH

Tuesday— Lakeland Grill
Chicken Fingers and Fries
Gluten Free Option

Wednesday— Happy Valley
Sweet and Sour Chicken Balls
with Rice

Thursday— McDonald's
Cheeseburger and Fries Meal
with chocolate milk.

[ORDER HERE](#)

Upcoming Events

March 24th— Lego Club 3:25 – 4:30
March 25th— Kindness Club 3:25 – 4:30
March 26th— Art & Origami Club 3:25 – 4:30
March 27th— Running/Wellness Club 3:25 – 4:30
March 28th— NO SCHOOL
March 24–25th— Grade 8 Pie Sale
March 24th— Farm Safety Presentation for Grade 5/ 6
March 24th & 25th— PIE BAKE SALE \$3.00 a slice
April 7th— Annual General Meeting
April 10th— School Council Meeting
April 14th–21st— Spring Break No School

Safe & Caring Spirit Days Are Back!

We're excited to bring back Spirit Days every other Friday, just like last year!

On each Spirit Day, we'll be collecting non-perishable food items to support those in need.

The class that collects the most items by the end of the school year will win an awesome prize—so let's make it a fun competition while giving back to our community!

Let's show our spirit and make a difference!

School Council

Join us for our Next Meeting: Thursday, April 10th at 6:30 pm

Purdys Spring Fundraiser

Orders are due by **Tuesday, March 25th**

To Order:

1. Go to our fundraising website:
<https://fundraising.purdys.com/965709-128359>
2. Enter our campaign number: **59876**
3. Click "Join Campaign"
4. Shop, shop, shop away!



BADMINTON

Schedule

BY

AGE



TYRO-(2014)

PRACTICE MON AND WED 3:30-4:30

NOVICE-(2013)

PRACTICE MON AND WED 3:30- 4:30

JUNIOR-(2012)

PRACTICE MON & WED 4:30-5:30

INTERMEDIATE-(2011)

PRACTICE MON AND WED 4:30-5:30

VOLUNTEER! ★

Duclos H.E. Bourgoin

Support Group Foundation

★ Annual General Meeting

COME AND JOIN US FOR AN
OPPORTUNITY TO LEARN HOW TO HELP
OUR SCHOOLS GROW

April 7, 2025 @ 6:00 PM
HEB School Library

COME AND LEARN ABOUT THE BENEFITS OF
VOLUNTEERING AND HOW YOU
CAN MAKE A DIFFERENCE.

More info
here!



[Or click here for more info!](#)