

# H.E Bourgoin Middle School

## Bears Facts

Newsletter March 17th-21st

### H.E.Bourgoin Mission Statement:

**We develop confident learners who are caring community members through respect, opportunity, kindness and safety.**

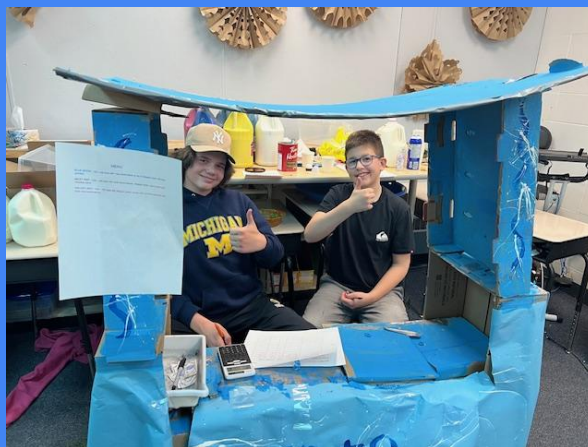
Staff from BCHS are coming to visit in April!

They are making some changes to the grade 9 program, and need the voices of our grade 8 students.



## Quality Teaching– Literacy & Quality Teaching– Numeracy

7C students began by comparing prices for ingredients and then purchased their supplies with a small business loan of \$20. Planning and prototyping were followed by a weeklong sale to peers. Amid the fun, students learned about budgeting, price comparison, and compound interest.



# Supports & Services

Hey Parents, check out this website:



[ADHD Experts: Free Webinars](#)

This website is a comprehensive hub of free expert-led webinars focused on ADHD, learning differences, and related mental health conditions. It's an incredible resource for parents looking to better understand and support their children with ADHD.

## ROK TALK

Last week in ROK Talk, we learned about the power of a Growth Mindset!

A Growth Mindset is the belief that abilities and intelligence can be developed through effort, learning, and persistence. By embracing this mindset, we can turn challenges into opportunities, build resilience, and unlock your full potential!

## Athletics

March 17th –Grade 5/ 6 Badminton  
3:30–4:30 pm

March 17th –Grade 7/ 8 Badminton  
4:30 – 6:00 pm

---

March 19th– Grade 5/ 6 Badminton  
3:30 pm – 4:30 pm

March 19th– Grade 7/ 8 Badminton  
4:30 pm– 6:00 pm

## Enhanced Programming Opportunities

Grade 7 and 8 Outdoor Ed students have the opportunity to participate in outdoor skill development including: knot tying, shelter building, fire building, outdoor cooking, water treatment, plant identification. Activities may include, but not limited to hiking, curling, snowshoeing, fishing/ice fishing, plant walk.





# HOT LUNCH

Tuesday– Lakeland Grill  
Chicken Finger & Fries

Wednesday– Express Pizza  
Baked Spaghetti

Thursday– Lakeland Grill  
Beef Taco Salad

[ORDER HERE](#)

Friday– Grade 5 Hot Dog Fundraiser  
[Hot Dog Order Here](#)

# Upcoming Events

March 17th– Lego Club 3:25 – 4:30  
March 17th– Wear Green For St.Patrick  
March 18th– Kindness Club 3:25 – 4:30  
March 19th– Art & Origami Club 3:25 – 4:30  
March 20th– Running/Wellness Club 3:25 – 4:30  
March 21st– Board Games Club 3:25 – 4:30  
March 19th–21st– Grade 8 Jasper Trip  
March 24–25th– Grade 8 Pie Sale  
March 24th– Farm Safety Presentation for Grade 5/ 6  
March 28th– NO SCHOOL  
April 7th– Annual General Meeting  
April 14th–21st– Spring Break No School

# Safe & Caring

🌸 Spring is just around the corner! 🌸

Starting Monday, March 17th, all students will be heading back outside for both morning and afternoon recess. As the weather can still be a bit cool, we kindly remind everyone to dress for success—both indoors and outdoors! A jacket and appropriate shoes are recommended to ensure students stay comfortable and ready for fun.

Thank you for your support!

# School Council

Join us for our Next Meeting: Thursday April 10th at 6:30 pm

**Purdys Spring Fundraiser**

Orders are due by **Tuesday, March 25th**

To Order:

1. Go to our fundraising website:  
<https://fundraising.purdys.com/965709-128359>
2. Enter our campaign number: **59876**
3. Click "Join Campaign"
4. Shop, shop, shop away!



# VOLUNTEER! ★

Duclos H.E. Bourgoin

Support Group Foundation

★ Annual General Meeting

COME AND JOIN US FOR AN  
OPPORTUNITY TO LEARN HOW TO HELP  
OUR SCHOOLS GROW

April 7, 2025 @ 6:00 PM  
HEB School Library

COME AND LEARN ABOUT THE BENEFITS OF  
VOLUNTEERING AND HOW YOU  
CAN MAKE A DIFFERENCE.

More info  
here!



[Or click here for more info!](#)



# Grade 7 & 8 Fishing Trip

