



H.E Bourgoin Middle School

# Bears Facts

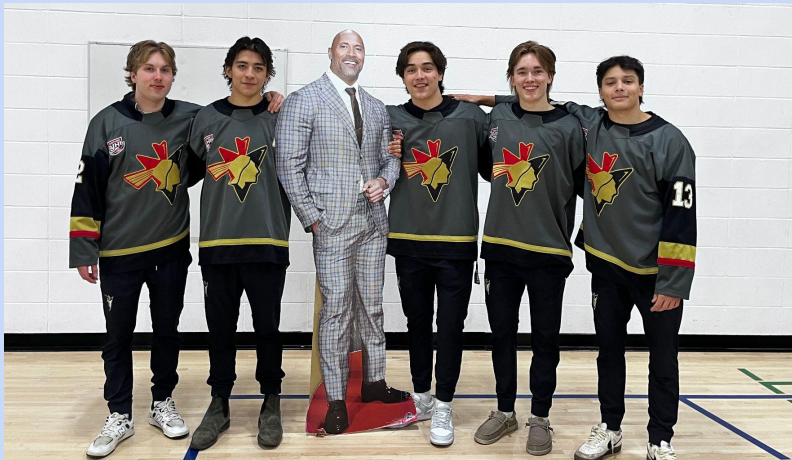
Newsletter March 10th- 14th

**H.E.Bourgoin Mission Statement:**

**We develop confident learners who are caring community members  
through  
respect, opportunity, kindness and safety.**

## ROK TALK

Thank you to the Bonnyville Pontiacs for sharing their Anti-Bullying Pledge with us, participating in our Cake Walk and giving every student a free ticket to their March 14th game!



Each month in assemblies some of our best students who show ROK respect and kindness, are chosen to walk around the circle to win a cake in the ROK CAKE WALK! So fun!

# HEB Boys' Team Going to Districts!

Our boys' team is going to Lac La Biche on Saturday for Districts!! Thank you to all of our coaches this past Basketball season! You provide so many positive experiences for our Bears and we are grateful!

## Athletics

Saturday, March 8th—Grade 7/ 8 Boys  
Basketball Districts  
In Lac La Biche first game at @ 10:00am



Badminton starts the week of the 17th.  
Scroll down for info on practice times  
and days.



HEB works as a team with parents and students to provide a variety of opportunities. Some extras we have are the drama program, welding lab, Jasper ski trip, bear clubs at lunch and after school. Students are welcomed into the school by name and with a smile. I really like how helpful the staff is and how they are always willing to work together. Students have opportunities for leadership roles in leadership and community helper groups.

— Mrs. Jacob

## Enhanced Programming Opportunities



H.E.B has many job opportunities for students to apply for and get a chance to work. One of the amazing jobs is helping run concession.

## School Council

Next Meeting: Tonight at 6:30

March 6th

**School Council Fundraiser**

FlipGive is an easy way to help fundraise for our Bears!

<https://www.flipgive.com/c/163506>

A percentage of your purchases will be given back

to the H.E.B. Fundraising Foundation

# HOT LUNCH

March 11th, 2025 – Boston Pizza  
Bugs N Cheese

March 12 2025 – Express Pizza  
Baked Lasagna

March 13th, 2025– Chopped Leaf  
Chickee Quesadilla

[ORDER HERE](#)

# Upcoming Events

March 10th– Lego Club 3:25 – 4:30

March 11th– Kindness Club 3:25 – 4:30

March 11th– Grade 7 Ice Fishing Trip

March 12th– Grade 8 Ice Fishing Trip

March 12th – Makers Market Pop-Up!

March 12th– Art & Origami Club 3:25 – 4:30

March 12th – In Person Parent Teacher Interviews

March 13th – Phone Call Parent Teacher Interviews

March 13th– Running/Wellness Club 3:25 – 4:30

March 14th–NO SCHOOL

March 17th– **Wear Green For St.Patricks Day**

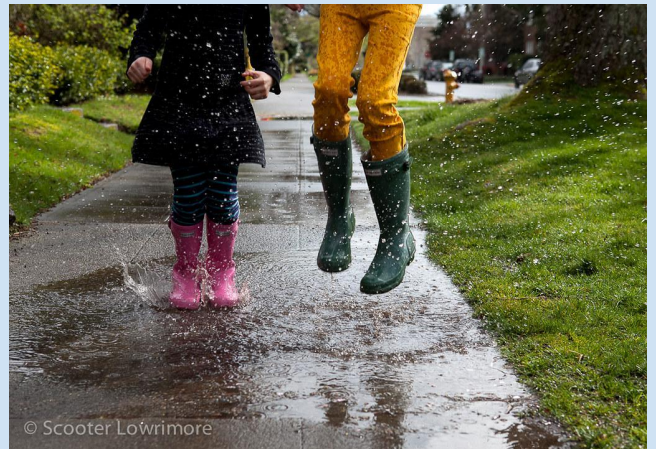
March 18th– Grade 7 & 8 Skills In The Classroom

March 19th–21st– Grade 8 Jasper Trip

## Safe & Caring

WARMER WEATHER IS HERE!

Which means mud, water, and soaking feet.  
Please send your student to school with  
extra socks and clothes.



# PARENT-TEACHER Interviews

MARCH 12TH & 13TH

[Book Here](#)

March 12th and 13th

# LSAA

LAKELAND SCHOOLS ATHLETIC ASSOCIATION

## 2025 District Tournament

**Bold Center**

**8702 91 Ave, Lac La Biche**

Saturday, March 8, 2025

### Boys

Pool A		Pool B	
1	1st West Aurora	4	1st Central Ecole de Beaux-Lacs
2	2nd Central H.E. Bourgozin	5	1st East Ecole Voyageur
3	2nd East Assumption	6	3rd Central Dr. Brousseau

Time	Game	Draw	Score
<b>Round Robin</b>			
10:00 am	#1	AMS vs HEB	
11:00 am	#2	Beaux-Lacs vs Voyageur	
12:00 pm	#3	HEB vs AJSH	
1:00 pm	#4	Voyageur vs Dr. Brousseau	
2:00 pm	#5	AMS vs AJSH	
3:00 pm	#6	Beaux-Lacs vs Dr. Brousseau	

# YOUR CHILDS BADMINTON

## Team



BY

## AGE



**TYRO**-BORN IN 2014

PRACTICE MON AND WED 3:30-4:30

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**NOVICE**-BORN IN 2013

PRACTICE TUE & THURS 3:30- 4:30

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**JUNIOR**-BORN IN 2012

PRACTICE MON & WED 4:30-5:30

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**INTERMEDIATE**-BORN IN 2011

PRACTICE TUES & THURS 4:30-5:30

# NORTHERN LIGHTS BASKETBALL

**AGE GROUPS: GRADE 1/2 AND 3/4  
GRADE 5-8 AND 9-12**

## **4 WEEK SKILLS AND DRILLS**

Sundays 9:15- 10:15 and 10:30-11:30

12-1 and 1:15-2:15

\*tentative dates\*

March 16, 23, 30 and April 13

**ARDMORE SCHOOL GYM**

REGISTER AT [basketballnorthernlights@gmail.com](mailto:basketballnorthernlights@gmail.com)  
Limited spots available and need minimum of ten needed in  
each group. Please email for all details and to reserve your  
child's spot!