

H.E Bourgoin Middle School

Bears Facts

Newsletter March 3rd-7th

H.E.Bourgoin Mission Statement:

We develop confident learners who are caring community members through respect, opportunity, kindness and safety.



PARENT-TEACHER Interviews

MARCH 12TH & 13TH

[Click Here To Book](#)

Quality Teaching– Literacy

Grade 6 students practicing Shakespeare



Our school doors open at 8:00 am. Our classrooms open at 8:15 am. If students arrive between 8:00am and 8:15am we kindly ask that they wait inside the main door entrance or go to the breakfast room to visit with Mrs.Malo. They are welcome to have a free healthy breakfast there everyday. Thank you.


Quality Teaching– Numeracy

HEB Students Build Numerical Reasoning with our Do The Math Program

Math is about using numerical reasoning to find the best strategy for solving a problem. Created by Marilyn Burns, one of the most trusted math educators, and a team of master educators, *Do The Math* provides flexible, classroom–tested instruction for building numerical reasoning and confidence. Thank you to the selected students in Grades 5 and 6 who are taking part in the program to strengthen multiplication fact fluency skills. Talk to your child’s teacher if you have concerns about your child’s fact fluency so we can help. Go Math Bears!!!

Supports & Services

This is our Behaviour Matrix that staff and students respectfully follow in our house to keep everyone safe and having fun at outside recess.

H. E. Bourgoin Middle School Positive Behaviour Matrix for Playground			
	Be Respectful	Be Responsible	Be Safe
Playground Behaviour	<ul style="list-style-type: none"> • Invite others to play • Listen to supervisors • Take turns on/with equipment • Good sportsmanship is expected • Leave snow/rocks/etc on the ground. • Use appropriate language for school 	<ul style="list-style-type: none"> • Place garbage in trash cans • Come in quickly but safely after recess • Report issues and injuries immediately • Play in supervised areas only • Pick up belongings when you leave 	<ul style="list-style-type: none"> • Dress for the weather • Be aware of each others' personal space • Hands and feet to yourself • Use equipment safely and properly • Walk slowly and respect personal space when re-entering building

ROK TALK

What Staff Think About H.E.B !

HEB is a school that puts student welfare and safety above all else. The staff is warm and welcoming to all who enter our building. R.O.K.S. allows us to: Show respect to all those in our building (including ourselves). Provide exciting and engaging learning opportunities to students. Practice using kind words towards each other. Reinforce our goal of providing a safe and caring school environment.

—Mr.Tyner

Athletics

Join Us This Saturday To Cheer On The Grade 7/ 8 Boys Basketball Wards Tournament

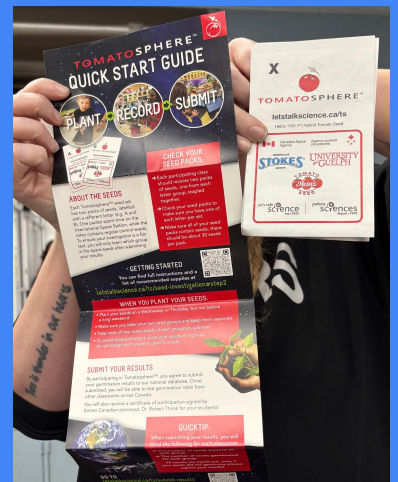
- March 1st– Grade 7/ 8 Boys– Dr.B 9:00 am
- March 3rd –Grade 5/ 6 Boys – Dr.B 4:00 pm
- March 3rd– Grade 5/ 6 Girls– Dr.B 4:00 pm
- March 4th– Grade 7/ 8 Girls– @ HEB @ 3:30 pm

[Athletics Calendar Click Here](#)

Enhanced Programming Opportunities

Canadian Kindergarten through Grade 12 Educators – Investigate the effects of outer space on seed germination with your class. Tomatosphere™ is a hands–on program that builds scientific inquiry and experimentation skills.

In the Tomatosphere™ Seed Investigation, students will plant two groups of seeds and compare the number of seeds that germinate from each. One set of seeds has been sent to the International Space Station, or treated in space like conditions, and the other set, the “control” seeds, have not.



[Learn More Here](#)

HOT LUNCH

Tuesday– Boston Pizza
Bugs n Cheese

Wednesday– Express Pizza
Baked Lasagna

Thursday–Chopped Leaf
Chickee Quesadilla

[ORDER HERE](#)

Friday March 7th Grade 8 Hot Lunch
[PIZZA ORDER HERE](#)

Upcoming Events

March 3rd– Lego Club 3:25 – 4:30

March 4th– No Clubs today

March 5th– Art & Origami Club 3:25 – 4:30

March 5th– Pontiacs Anti Bullying Assembly

March 6th– Running/Wellness Club 3:25 – 4:30

March 7th– Board Games Club 3:25 – 4:30

March 7th – Kinosoo Ski Trip Grade 6

March 11th– Grade 7 Ice Fishing

March 12th– Grade 8 Ice Fishing

March 12th – Makers Market Pop-Up!

March 12th – In Person Parent Teacher Interviews

March 13th – Phone Call Parent Teacher Interviews

March 19th–21st– Grade 8 Jasper Trip

Safe & Caring

As of Monday we will have one crosswalk person on duty in the mornings. This staff member will be greetings students at the crosswalk by the main doors. If you are dropping off students in the morning or if your child walks to school, please ask them to cross the road safely where there is a crosswalk person near the front entry doors. Those students are welcome to use the main doors to enter the school. Thank you for helping us keep our students safe.



Pink Shirt Day Assembly



School Council

Next Meeting:

March 6th at 6:30 pm

School Council Fundraiser

FlipGive is an easy way to help fundraise for our Bears!

<https://www.flipgive.com/c/163506>

A percentage of your purchases will be given back

to the H.E.B. Fundraising Foundation

🚫 Think Before You Ink! 🚫

Why We Do not Encourage Drawing on Skin at School

🎨 Looks Fun, But...

Drawing on your skin might seem like a harmless way to express creativity, but it can have some unexpected consequences!

🦠 Health Risks:

✗ Some markers and pens contain chemicals that can irritate the skin or even be absorbed into your body.

✗ Sharing pens can spread germs and bacteria.

👕 Messy & Distracting

✗ Ink can stain your clothes, desks, and even your friends!

✗ It can take focus away from learning and school activities.

🏫 School Expectations

✗ We want to encourage creativity in the right places—like art class and on paper!

✗ Keep our school clean and professional by keeping ink where it belongs.

✨ Creative Alternatives ✨

✅ Bring a notebook for doodling!

✅ Join an art club!

✅ Use temporary tattoos or stickers instead!

**Let's Keep Our School a Clean, Healthy, and Focused Place
for Learning!**

Thank you for understanding!



LAKELAND SCHOOLS ATHLETIC ASSOCIATION

Central Ward Tournament

Saturday, March 1, 2025

Pool A		Pool B	
1	Ardmore	4	Iron River
2	HEB	5	Dr. B
3	Ecole du Beaux Lacs	6	

Time	Game	Draw	Score
Round Robin			
9:00 am	A1	HEB vs Ecole du Beaux Lacs	
10:15 am	A2	Iron River vs Dr B	
11:30 am	A3	Ecole du Beaux Lacs vs. Ardmore	
12:45 pm	A4	Ardmore vs HEB	
2:00 pm		BREAK	
Playoffs			
2:30 pm	Semi A5	1st in A vs. 2nd in B	
3:45 pm	Semi A6	1st in B vs. 2nd in A	
5:00 pm	Bronze A7	Loser of A5 vs Loser of A6	
6:15 pm	Finals A8	Winner of A5 vs. Winner of A6	