



H.E Bourgoin Middle School

Bears Facts

Newsletter Dec 9th-13th

H.E.Bourgoin Mission Statement:

We develop confident learners who are caring community members through respect, opportunity, kindness and safety.

HEB ROKS

Enhanced Programming Opportunities



A province-wide initiative, this event engaged Albertan students in designing and building sustainable housing models to address the housing crisis, foster economic development, and promote resource efficiency. Participants explored hands-on trades, including electrical work, plumbing, HVAC, cabinet making, construction, and tailoring, while mastering the safe use of power tools. This collaborative experience empowered students with practical skills and innovative approaches for a sustainable future.

Quality Teaching- Numeracy

5D used the website Gizmos to play the game Cargo Captain to practice subtraction with regrouping. There were barrels (which are like ones) crates (which are like tens) and holds (which are like hundreds). They can click on a hold to turn it into ten crates or click on a crate to turn it into ten barrels to do regrouping.



Quality Teaching- Literacy

Teachers who read out loud help strengthen students comprehension skills.



Athletics



9

5/6 GIRLS
Basketball Practice
3:30-4:30
3:30 pm

7/8 Girls Basketball
Practice 4:30-6:00
4:30 pm

10

5/6 BOYS
Basketball Practice
3:30-4:30
3:30 pm

7/8 BOYS
Basketball Practice
4:30-6:00
4:30 pm

11

5/6 GIRLS
Basketball Practice
3:30-4:30
3:30 pm

7/8 Girls Basketball
Practice 4:30-6:00
4:30 pm

12

5/6 BOYS
Basketball Practice
3:30-4:30
3:30 pm

7/8 BOYS
Basketball Practice
4:30-6:00
4:30 pm

ROK TALK



This week, we began exploring the concept of mental health, focusing on the various factors that influence it. We discussed how environmental conditions, biological factors, and socioeconomic circumstances can all play a significant role in shaping mental well-being.

Supports & Services



We are now participating with Power full Kids – Eat Well

Hunger should never stand in the way of our children's dreams for their future. That's why, wherever kids are learning, President's Choice Children's Charity will be there with good food – in every community across Canada.

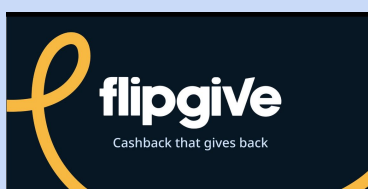
Empowering Kids with the skills they need to discover food.

School Council Fundraisers

Starting your seasonal shopping soon? FlipGive is an easy way to help fundraise for our Bears! All you have to do is click the link below to sign up and start shopping!

<https://www.flipgive.com/c/163506>

A percentage of your purchases will be given back to the H.E.B. Fundraising Foundation



Random Acts of Kindness

GNOMES are Back!!!!



At HEB we want to give back, our random acts of kindness is a small prize once you find one of the gnomes

These gnomes will be placed around the school for all grade levels to find in the last two weeks before Winter break (December 9th to 20th) Once found bring to Mrs. Malo's office at the end of the day to claim your prize. The gnome then will be placed in a different location to be found again.



Upcoming Events

- December 9th– Lego Club
- December 10th – Art Club
- December 11th– Origami Club
- December 12th– NO CLUBS TODAY
- December 12th– Wear Red and Green
- December 11th– Santa's Workshop
- December 12th– Santa's Workshop
- December 13th– Last day to donate to Christmas Hamper
- December 13th– Board Games Club
- December 17th– Christmas Concert 6:30 pm
- December 20th– Last Day Of Classes

Grade 8's will be hosting a bake sale during the Christmas concert to help lower the cost of their Jasper Ski trip. This will be no ordinary bake sale!

Like at Duclos, we will ask families to please donate items by the dozen, loaf or pan. This will be an opportunity for families attending the Christmas concert to 'do their Christmas baking/shopping'.



HOT LUNCH

- December 10th– Bugs N Cheese
 - December 11th– Baked Lasagna
 - December 12th– Chicken Quesadilla
- All Orders Due December 8th

[ORDER HERE](#)

Dec 13th–Grade 5 Pizza Hot Lunch Fundraiser

[ORDER HERE](#)

Christmas Food Hamper

Did you know the students and staff are busy collecting food items to make Christmas Hampers for our Bear families in need? If your family would like a Christmas Food Hamper please email Mrs. Worthman, vondaworthman@nlsd.ab.ca before December 13th.



THE NUTCRACKER

IS COMING TO THE

BEAR DEN!!

Experience the enchanting story of Marie, the Nutcracker, and their journey through the Kingdom of Sweets filled with whimsical characters, and fun music and performances.

Perfect for all ages, this family-friendly production promises to be a highlight of your holiday season. Don't miss out on the magic—we'll see you there!

6:30pm

DEC
17

Grade 8
Bake Sale



H.E.B
wishes you all a safe
and
Happy Holiday.



Santa's Workshop Is Coming To H.E.Bourgoin

December 11th-12th

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To show how much our school **R.O.K.S.** we are very excited to be having a Santa's Workshop Wednesday, December 11th and Thursday, December 12th, 2024.

What is a Santa's Workshop you may ask?

It is a "garage sale" that allows students the opportunity to go 'shopping' for Christmas gifts for their family members and experience the joy of giving during the upcoming holiday season. Classes will tour through the Santa's Workshop room in the school to complete their Christmas Shopping. Each item will be \$1.00 and all the proceeds will go to our Christmas Food Hampers.

In order to make our Santa's Workshop a success we are in need of your help! If you have any new or gently used items you would be willing to donate please drop them off at the front office **as soon as possible**. We are looking for items such as wrapping paper, tape, pocket books, puzzles, stuffed animals, videos/ Dvd's, jewelry, ties, trinkets, knick knacks, kitchen gadgets, tools, various toys, games, candle holders, etc..

Students will be looking for items for various family members including brothers, sisters, moms, dads, and even grandparents so we need to collect a full spectrum of items and **LOTS** of them!! So please donate all that you can as soon as possible. **Please remember the children are buying these as gifts so ensure they are good quality. YOU ROK!**

PLEASE NO DAMAGED, DIRTY, CHIPPED, OR BROKEN ITEMS.

NO CLOTHING OR SHOES. NO TOYS FROM ANY FAST FOOD PLACES PLEASE.

If you are interested in helping with the Santa's Workshop for either selling, set-up, or take-down during the sale please contact the school and leave your name and number. Our Grades 7 and 8 Library Leaders Bear Club is organizing this event. Thank you for your help!

Please start bringing in donations immediately. Last day to bring in donations is Monday, December 9th, 2024.

