

H.E Bourgoin Middle School



Bears Facts

Newsletter Nov 18th- Nov 22nd

HEB School Mission Statement

We create opportunities to develop confident, achieving, continual learners who are caring community members through integrity, respect, excellence, empathy, and safety.

HEB ROKS

WE NEED YOUR HELP!

HEB IS LOOKING FOR MEMBERS TO HELP BEAUTIFY OUR OUTDOOR SPACE.

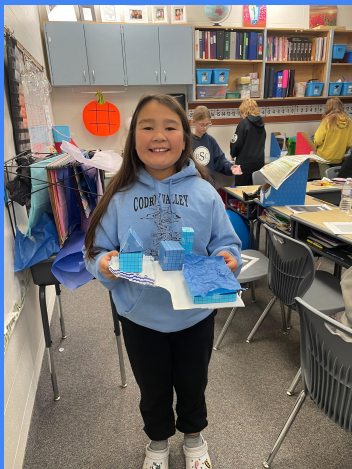
IF YOU WOULD LIKE TO BE A PART OF OUR OUTDOOR SPACE COMMITTEE PLEASE JOIN OUR MEETING ON NOVEMBER 21ST, 2024 @ 6:00PM

HEB LEARNING COMMONS



Quality Teaching– Numeracy

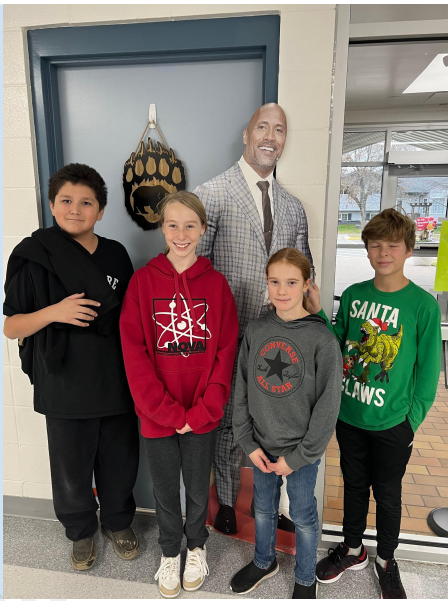
Grade 6 students demonstrated their knowledge of calculating volume by creating a Winter Wonderland Village.



Quality Teaching– Literacy

During reading buddies, we sometimes do an author study (Robert Munsch) or a craft (origami poppies).





Our Student Advisory Council get's the opportunity to spend the day at Division Office to share ideas to help improve our school and division.

Athletics

Practice:

Boys 5/ 6– November 19th– 3:30–4:30
Girls 5/ 6– November 20th– 3:30–4:30

Boys 7/ 8– November 19th 4:30– 6:00
Girls 7/ 8 – November 20th 4:30–6:00

Games:

Girls 5/ 6 WHITE– November 18th @HEB
Girls 5/ 6 BLUE– November 18th @HEB
Girls 5/ 6 BLACK– November 18th @ Dr.B
Boys 5/ 6 Team– November 18th @ Dr.B

Supports & Services

Did you know that our school has a partnership with the Bonnyville Friendship Center and we are participants in their Friends for Lunch Program? If your family could use some assistance with school lunches please reach out to us. We are happy to help! Please call Vonda Worthman at the school or email vonda.worthman@nlsd.ab.ca



School Council Fundraisers

Purdy's chocolates are back again just in time for the Holidays! Orders are due by **November 19** and will be available for pickup at HEB after December 7.

What you'll need to order:

1. Our campaign number: 59876
2. Go to our fundraising website: <https://fundraising.purdys.com/1988388-121538>
3. Click "Join Campaign"
4. Shop, shop, shop away! Thank you EVERYONE for your support. Even if you can't buy chocolates from us, it would mean the world if you could share this fundraiser link to everyone you know! Happy chocolating!

Enhanced Programming Opportunities

In our grade 5/6 STEM class, students are developing essential trade skills, including accurate measurement, understanding fractions, and safely using power tools. Through hands-on projects, they have honed their abilities and made impressive progress. Their growth is showcased in the beautifully crafted squirrel picnic tables featured in the picture.



Upcoming Events

- November 18th – Lego Club
- November 19th – Origami/Art Club
- November 21st– School Wide Assembly 2:00pm
- November 21st – Running Club
- November 22nd – Board Games Club
- November 25th – Book Fair Starts
- November 26th– Report Cards Go Home
- November 28th– Parent Teacher Interviews
- December 17th– Christmas Concert 6:30 pm
- December 20th– Last Day Of Classes
- December 21st–January 5th– Winter Break
- January 6th– Classes Resume

HOT LUNCH

November 19th–Bugs N Cheese

November 20th– Baked Lasagna

November 21st– Chicken Quesadilla

[ORDER HERE](#)

Friday Nov 22nd

Grade 7 Hot Lunch Fundraiser–Hot Dogs

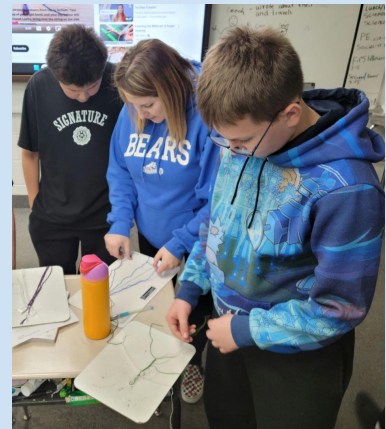
[ORDER HERE](#)

Help At School When You Need It

Does your child need extra help with school work?? Please email their homeroom teacher and they can further guide you.

Safe and Caring

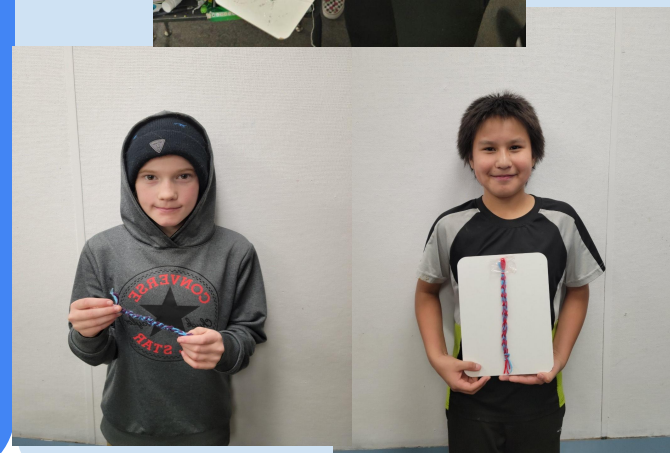
7H learned how to finger weave sashes in honor of Melis week.



Grade 6 Fundraiser

The Grade 6 classes are fundraising for their year end field trip! Growing Smiles winter plant fundraiser is open online now! Orders are due by November 25 and will be available to pick up December 11.

<https://hebourgoinschool.growingsmilesfundraising.com/home>





CASA Mental Health Classrooms Information Sessions

In partnership with the Government of Alberta, community partners and school divisions, CASA Mental Health has committed to delivering mental health care in classrooms. CASA Classrooms address the need for services closer to students by bridging a child's mental health and school needs.

Interested in learning more about CASA Classrooms?

CASA offers regular information sessions for caregivers and other community members. Sessions are held on the first Tuesday (12 - 1 p.m.) and the third Thursday of each month (4 - 5 p.m.).

Registration

Scan the below QR codes to register for an upcoming session.



Tuesday Session



Thursday Session

Introducing CASA Classrooms

FOR FAMILIES

What are CASA Classrooms?

CASA Classrooms provide individualized mental health treatment for students in grades four to 12. These students have persistent mental health symptoms impacting their home, peer and school life. Treatment and support includes:

- A treatment plan tailored to the student's needs;
- Education to help students manage their mental health conditions;
- Medication support;
- Individual and group therapy;
- Education and support for caregivers/guardians;
- Referrals to community and social supports; and
- Support for the student to transition back to their usual school and health team.



Who are CASA Classrooms For?

CASA Classrooms are designed for students in grades four through 12. These students:

- have not responded as expected to previous therapy and continue to have symptoms that impact their home, social and school life;
- are currently under the care of a physician, nurse practitioner or psychiatrist; and
- are willing to participate in individual and group therapy with their family.

Students may come from schools within a CASA Classroom's geographical school area.

How long will students be in the CASA Classroom?

Students participate in a CASA Classroom for half the school year and then the team supports the student's transition back to their usual school for another half of the school year. Students can start in CASA Classrooms in September or February.

How do students get into a CASA Classroom?

The student's usual school coordinates a referral package that is submitted to the CASA Classrooms program. The referral package includes a form from the students' school, caregiver/guardian, mental health provider and medical provider.

Once the referral package is received, the CASA Classrooms team will determine if the student is admitted into the program. An orientation will be part of the selection process. Students who are admitted will participate in an assessment of their needs.

Where are CASA Classrooms?

Visit casamentalhealth.org/casa-classrooms for the most up-to-date location information.

How can I find out more about CASA Classrooms?

For more information about CASA Classrooms, please visit casamentalhealth.org.