

H.E Bourgoin Middle School



Bears Facts

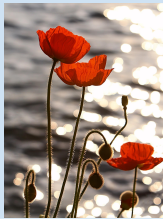
Newsletter Nov 4th- Nov 8th

Safe and Caring

Get your Criminal Record Check if you ever want to volunteer at the school or field trips. We have forms at the front desk.

We also have volunteer packages at the front as well.

Please Join HEB for our Remembrance Day Ceremony at 9:00 am in the gymnasium



HEB School Mission Statement

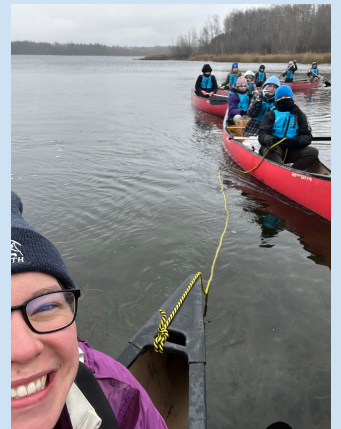
We create opportunities to develop confident, achieving, continual learners who are caring community members through integrity, respect, excellence, empathy, and safety.

HEB ROKS

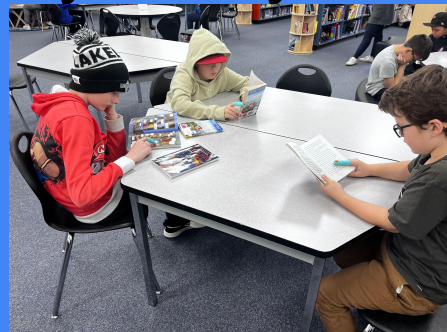
Respect – Opportunity – Kindness – Safety

Enhanced Programming Opportunities

Outdoor Education – Miss Coates Students in the Grade 7 Outdoor Education elective were able to go canoeing on Chatwin Lake last week. Excited to try something new, all students braved wind, waves, and a bit of snow to try tandem canoeing for the first time.



Quality Teaching– Literacy



Reading Buddies!



Quality Teaching– Numeracy

Effective math instruction begins when educators have high expectations of students.

At H.E. Bourgoin we believe that all students have the potential to learn and do math.

H.E.B... Integrity Respect **Excellence** and Empathy

ROK TALK

This week, our students explored the idea that our choices can sometimes hurt others. They learned the "break it, repair it" strategy, which encourages them to acknowledge their actions and understand the needs behind them. This approach helps them reflect on the consequences of their choices and consider different ways to make amends. It fosters a sense of responsibility and empathy.

Athletics

GAMES:

November 4th– Girls 5/ 6 BLACK @ HEB

November 4th– Girls 5/ 6 WHITE @ HEB

November 4th– Girls 5/ 6 BLUE @ Dr.B

November 4th– Boys 5/ 6 @ Iron River

November 7th– Girls 7/ 8 WHITE team @ EBL
4:00pm

November 7th– Girls 7/ 8 BLUE Team NO game.

November 7th– Boys 7/ 8 team @ HEB 4:00pm

Supports & Services

Pathways of Hope is an innovative pilot program developed through a collaboration between NLPS and PCN, funded by the government. This initiative connects registered psychologists with students directly in their schools, allowing for tailored mental health support.

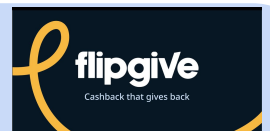
CASA Classroom takes a holistic approach to bridge children's mental health and academic needs. This program fosters collaboration between mental health teams and classroom teachers, ensuring that students receive comprehensive support that addresses both their emotional and educational well-being.

For more information email:
whitney.malo@nlsd.ab.ca



School Council Fundraisers

Next School Council Meeting: Nov 14th @ 6pm



Purdys' chocolates are back again just in time for the Holidays! Orders are due by November 19 and will be available for pickup at HEB after December 7.

What you'll need to order:

1. Our campaign number: 59876

2. Go to our fundraising website:

<https://fundraising.purdys.com/1988388-121538> 3. Click "Join

Campaign" 4. Shop, shop, shop away! Thank you EVERYONE for your support. Even if you can't buy chocolates from us, it would mean the world if you could share this fundraiser link to everyone you know!

Happy chocolating!

Starting your seasonal shopping soon?

FlipGive is an easy way to help fundraise for our Bears! All you have to do is click the link below to sign up and start shopping!

<https://www.flipgive.com/c/163506>

A percentage of your purchases will be given back to the H.E.B. Fundraising Foundation

Student Opportunities

After school student's can head to bear clubs that run Monday–Friday 3:25 pm–4:30 pm.



HOT LUNCH

Nov 5th– Macaroni and Cheese with a veggies

Nov 6th– Baked Spaghetti

Nov 7th– Subway 6 inch Ham Sub

[CLICK HERE](#)

Nov 8th– Grade 5 Pizza hot lunch fundraiser

[CLICK HERE](#)

Upcoming Events

Nov 4th– Lego Bear Club

Nov 5th– NO Bear Clubs

Nov 6th– Art/ Origami Bear Club

Nov 7th– Running and Wellness

Nov 8th– Board Games

November 4th– Picture Retakes

November 8th– Remembrance Day Ceremony
9:00am

November 11th– No School

November 14th– School Council Meeting 6:00 pm

November 26th– Report Cards Go Home

November 28th– Parent Teacher Interviews

December 17th– Christmas Concert

Help At School When You Need It

Does your child need extra help with school work??

Please email their homeroom teacher and they can further guide you.

Volunteer Opportunities

Friends for Lunch Program – H.E.B. is grateful to be part of The Bonnyville Friendship Center Friends for Lunch Program this year. Every month on the 24th we require a volunteer to pick up a box of lunch items from the Friendship Center

– if this is something you would be interested in please contact the school office.

Grade 6 Fundraiser

The Grade 6 classes are fundraising for their year end field trip! Growing Smiles winter plant fundraiser is open online now! Orders are due by November 25 and will be available to pick up December 11.

<https://hebourgoinschool.growingsmilesfundraising.com/home>



NORTHERN LIGHTS PUBLIC SCHOOLS
CHRISTMAS CARD
ART
CONTEST
SUBMISSIONS DUE BY NOV. 26
HAVE YOUR ARTWORK FEATURED ON NLPs CHRISTMAS CARDS!
SCAN THE QR CODE OR VISIT NLPsAB.CA FOR FULL CONTEST DETAILS.