

H.E Bourgoin Middle School

Bears Facts

Newsletter September 30th-Oct 4th

Safe and Caring

Counseling Groups are starting in October!

The groups that will be offered this year will be mentioned in Mrs. Malo's: Counselor's Connection Blog in October, Stay Tuned!



Quality Teaching– Literacy

Staff and students experienced a variety of literature this week connected to truth and reconciliation and our honouring the history of residential schools. Real world literacy experiences enrich our learning and make our curriculum come alive for students.

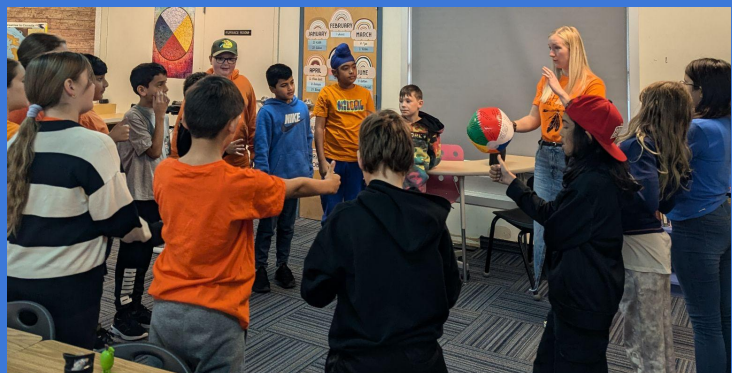
Quality Teaching– Numeracy

Did you know that many of our teachers set their own personal Professional Growth Plan Goals with a focus on Numeracy and improving mathematics results in our school. We regularly enhance our training with numeracy professional development led experts in mathematics. HEB staff LOVE Math!



ROK Talk!–Respect, Opportunities, Kindness

ROK Talk has started!!!
This week was the grade 5 & 6's. Next week the grade 7 & 8's!



Parent Input



"On Friday staff will reach out and connect with families to develop plans together to improve student achievement, well being, and advocate for students who require extra supports.
Your input is valued!"

tracy.casselmann@nlsd.ab.ca

Let's grow our school together!"

-Mrs. Casselman, Principal

Proud to be an APPLE School!



selected for
hundrED
Global Collection

Did You Know?

APPLE Schools

Was Named a Top 100 Global Education Innovation by HundrED!



Healthy Kids in Healthy Schools
appleschools.ca

Athletics

Fees are now on schoolcash!

October 2nd—Cross Country Run

Grade 5 / 6 Girls volleyball practice
Mondays and Wednesdays 3:30–4:30

Grade 7 / 8 Girls Volleyball practice Mondays
and Wednesdays 4:30–6:00

Grade 5/ 6 Boys volleyball practice Tuesday
and Thursdays 3:30–4:30

Grade 7/ 8 Boys volleyball practice Tuesdays
and Thursdays 4:30–6:00



Supports & Services

In many of our classrooms you will find stretchy bands on students desk. This is a way for students to stretch their legs, or lightly bounce their feet when completing desk work. This works great for kinesthetic learners or those that need a little movement break while working in the classroom.



Volunteer Opportunities

- **Friends for Lunch Program** – H.E.B. is grateful to be part of The Bonnyville Friendship Center Friends for Lunch Program this year. Every month on the 24th we require a volunteer to pick up a box of lunch items from the Friendship Center – if this is something you would be interested in please contact the school office
- Each homeroom teacher needs at least one parent to be the class rep on School Council.

Please email your child's teacher if you would like to volunteer!

Student Opportunities

Community Helper
Parent/Guardian Nomination:
Grade 7 & 8's have the
opportunity to be trained as a
Community Helpers! If you would
like to nominate your kiddo please
email Mrs. Malo at
whitney.malo@nlsd.ab.ca

Upcoming Events

Sept 30th– NO School

October 1st– No Clubs Today

October 2nd– Art with Ms.Rosko Club

October 2nd– Cross Country Run

October 3rd– Running/Wellness Club

October 4th– Board Games Club

All Bear Clubs will run after school from 3:25 pm –4:25 pm in the learning commons!

HOT LUNCH

October 1st– Lakeland Grill 2 piece chicken strips with fries.

October 2nd– Pita Pit Chicken Pita

October 3rd–McDonald's Snack Wrap meal

Help At School When You Need It

Did you know we have a Community Helpers program at HEB for Grade 7s and 8s? Mrs. Malo is sending a survey out to students in the next couple of weeks! Please discuss with your child if you think this is a great leadership opportunity for them.

<https://www.hebschool.ca/programs/citizenship>

Enhanced Programming Opportunities

Cultural Cooking

Learn how to cook dishes with a cultural flair, as well as the culture it is inspired by. Learn proper ways and techniques, while cooking delicious dishes.

