

H.E Bourgoin Middle School

Bears Facts

Newsletter September 16th-20th

Safe and Caring

In honor of Truth and Reconciliation, We are reaching out to our HEB families to offer support in honoring and learning the Indigenous culture and history. If you or your kiddo would like to share your knowledge during Truth and Reconciliation week (Sept 23-24), please reach out to Mrs. Malo at whitney.malo@nlsd.ab.ca



Quality Teaching- Literacy

This year students in all grade levels are paired up in our Buddy Reading Program. We are enjoying watching our older students grow as leaders and mentors for our younger readers.



Quality Teaching- Numeracy

At H.E. Bourgoin every homeroom teacher is teaching their own Mathematics classes. This allows our teachers to have the time to build strong relationships with students and to truly understand each student as a unique learner. Our math teachers create optimal conditions for learner-centered deep mathematical thinking.

We are a Numeracy Rich School at H.E.B.!

ROK Talk!-Respect, Opportunities, kindness

“The first step to loving who you are is to accept who you are, including the parts you might not be proud of.

Embrace your journey and believe in your potential.”

– Jasmine Star

Parent Input



"We value your voice and input at H.E.B.. Please feel free to call our office and book a time to meet with me if you have any concerns or ideas. Let's grow our school together!"

- Mrs. Casselman, Principal

Thursday
Sept 19th
School
Council
Meeting
6:00pm-7:45pm

Athletics

Fees are now on schoolcash!

Grade 5 / 6 Girls volleyball practice
Mondays and Wednesdays 3:30-4:30

Grade 7 / 8 Girls Volleyball practice Mondays
and Wednesdays 4:30-6:00

Grade 5/ 6 Boys volleyball practice Tuesday
and Thursdays 3:30-4:30

Grade 7/ 8 Boys volleyball practice Tuesdays
and Thursdays 4:30-6:00



Supports & Services

I support students with learning needs, facilitate inclusive education strategies, and connect with families to provide the best educational experience possible for your child. I love being a BEAR. This is my 18th year at HEB.

I look forward to connecting with you.
- Vonda Worthman



Volunteer Opportunities

- We are in need of a 5/6 Girls Volleyball Coach!
- Come help with breakfast and make connections from 8:00am- 8:30am!
- Please help us with Pancake Breakfast -September 20th 7:30 am
- Terry Fox Run Supervisors - September 20th at 1:15
- Each homeroom teacher needs at least one parent to be the class rep on School Council.

Please email your child's teacher if you would like to volunteer!



Student Opportunities

This year we are looking for Bears to help with:

- Hot Lunch Delivery
- Concession
- Library
- School Council Rep
- Peace Patrol Bears
- Office

If your Bear is interested in applying for a leadership position this year please have them fill out this form:

[Bear Leadership Opportunities](#)

HOT LUNCH

Sept 17th– 19th

Tuesday– Bugs 'n' Cheese

Wednesday– Baked Lasagna

Thursday– Chicken Quesadilla

[ORDER HERE](#)

Upcoming Events

All Bear Clubs will run after school from 3:25 pm-4:25 pm in the learning commons!

Sept 16th- Lego Bear Club

Sept 17th- Book Bear Club

Sept 18th- Art Bear Club With Ms.Rosko

Sept 19th- Running/ Walking /Wellness Bear Club

Sept 19th - Clothing Order Due [ORDER HERE](#)

Sept 20th- Board Games Bear Club

Sept 20th- Pancake Breakfast 8:00 am

Sept 20th- Terry Fox Run 1:15pm

Sept 23rd- Say Cheeeese! Picture Day

Sept 27th- NO School

Help At School When You Need It

Did you know we have a Community Helpers program at HEB for Grade 7s and 8s? Mrs. Malo is sending a survey out to students in the next couple of weeks! Please discuss with your child if you think this is a great leadership opportunity for them. Go to our website [HERE](#) for more info.



Enhanced Programing Opportunities

Did you know we are offering **S.T.E.M** as an Elective to all of our Grades 5, 6, 7, and 8 students!? **Science, Technology, Engineering, and Mathematics (S.T.E.M)** course uses engineering principles and trade skills to design hands on projects. Some examples include utilizing aerodynamics to make dump trucks, and displacement to make cardboard boats. Some of these projects will involve participating in competitions with other schools. In addition, Northern Lights Public Schools will be providing us the opportunity to participate in the mobile trades lab which is going to be at HEB from November to March. This will allow us to incorporate welding and metal work into our S.T.E.M program.