

September Issue №1 | hebschool.ca

H.E Bourgoin Middle School

Newsletter

September 9th-13th

Bear Clubs

3:25-4:25 pm

In the Learning Commons

Monday: Lego Club Tuesday: No Bear Clubs

**Wednesday: Art Club
featuring Ms. Rosko**

Thursday: No Bear Clubs

Friday: Board Games

Thursday, September 12th

4:00pm-5:30pm

Colour Run & Welcome Back

Join us with your families for Colour run fun.

Meet Our Staff!

Geneos Creative Cooking and Marvelous Minis

Donut Truck on site !



School Council

Thursday, September 19th -6:00pm

School Council has an important role to play in school improvement by ensuring that the parental perspective is represented and taken into account.

The School Council helps to create an environment where all parents and guardians know that their views matter, and where they feel confident and comfortable putting them forward. They work on behalf of all parents and gaurdians to discuss education.

Please join us and consider accepting a role on the board!

H.E.B. IS LOOKING FOR A NEW SCHOOL COUNCIL CHAIRPERSON



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<https://apparelhouse.ca/>



Hot Lunch is starting next week!! Order before Sunday September 8th!

<https://nlsd.schoolcashonline.com/Fee/Details/35292/78/False/True>

Athletics

Volleyball

**JUNIOR GIRLS (GRADE 5/6)
VOLLEYBALL PRACTICE
MONDAY/WEDNESDAY
3:30-4:30 PM**

**JUNIOR BOYS (GRADE 5/6)
VOLLEYBALL PRACTICE
TUESDAY/THURSDAY
3:30-4:30 PM**

**SENIOR GIRLS (GRADE 7/8)
VOLLEYBALL PRACTICE
MONDAY/WEDNESDAY
4:30-6:00 PM**

**SENIOR BOYS (GRADE 7/8)
VOLLEYBALL PRACTICE
TUESDAY/THURSDAY
4:30-6:00 PM
FRIDAY 3:45-500**

Upcoming Activities

September 12th- Colour Run 4:00-5:30 pm-Perogy and Mini donut truck on site.

September 20th -Pancake Breakfast at 8:30 am

September 20th -Terry Fox Run 1:15pm

September 23rd -Class Photo Day

September 26th- Observing National Day For Truth and Reconciliation- Please wear orange or your ribbon skirts

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Parent Volunteer Opportunity

Join us for Breakfast! Volunteers needed for our Breakfast Club of Canada Breakfast program 8:00am - 8:25 am Monday - Friday!

Reminder: Locker agreements and School technology use agreements are due ASAP. please have your student returned your signed copies to their homeroom teacher

HEB is pleased to once again be part of the A.P.P.L.E. Schools initiative for the 2024-2025 school year. Apple Schools is an acronym that stands for: **A Project Promoting Healthy Living for Everyone in schools. A.P.P.L.E Schools promotes more nutritional food options in school.**

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H.E Bourgoin Counselor's Corner

Hello HEB Bear Families!

Welcome to the 2024-2025 school year; my name is Whitney Malo. As your Student Advocacy Counselor I would like to re-introduce myself to the new and returning families. I am currently a Registered Social Worker with a diploma in Community Social Work and working towards my Bachelor's Degree in Social Work through the University of Calgary.

Contact Information:

Mrs. Whitney Malo (Arcand)
CSW, RSW #17200
Student Advocacy Counselor (SAC)
whitney.malo@nlsd.ab.ca
780-826-3323



COUNSELING

This year I ask parents/guardians to reach out to myself or their child's homeroom teacher if they would like their child to be referred to one-on-one counseling and/or psychoeducational small groups. This is important for all **returning and new students. Including students that have previously accessed counseling services.** This process ensures a holistic approach to supporting your child's mental health and well-being.