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ISSUE 3

NOVEMBER 2017

SCHOOL COUNCIL

Our third meeting of
2017-2018 will be on
Wednesday, November
15th at 7:00 pm

Please contact the school
TWO WEEKS prior to
meeting date to add to our
agenda:

Visit our FaceBook for
an updated list of
Agenda items.

2017-2018 Standing Agenda Items

October

- * Annual General Meeting
- * Review of H.E.B.
Provincial Achievement
Results
- * Input to H.E.B.'s
Education Plan

November

- * Signing off H.E.B.'s
Education Plan

January

- * Review of School
generated funds and
school budget

February

March

- * Feedback: Student-Led
Conferencing

April

- * How H.E.B. prepares
class lists
- * Review of H.E.B.'s student
behavior expectations

May

- * School Council Year
Plans/Goals
- * Review of Policy 17:
School Fees

November's agenda items also include:

- * Securing a Council
Chair for H.E.B.'s
School Council.
- * Upcoming Parent/
Teacher Interviews
and Student-Led
Conferences

FaceBook: H.E.Bourgoin Middle School
Twitter: @HEB_Bears

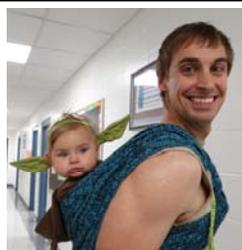
In the Spotlight...

HALLOWEEN FUN DAY By Emma Fox 6M

The whole school of HEB was jumping with excitement. The terrific grade eight students were busy making quick-witted games, and chilling to the bone haunted houses. It had the whole school buzzing with excitement. On October 31st, 2017, the grade five to seven students were waiting to participate in the yearly Halloween Fun Day.

"It was fun to set up these cool games for those happy kids to play," Holly, a grade eight student at HEB exclaimed, "but the games were not as popular as the haunted houses." It made all the grade eight students happy to see the big bright smiles on the younger kids faces, and it brought a smile to their own faces.

The grade eight students collected materials and allowed people to participate in these fun activities because of the non-perishable food donation. That was where we all had to bring in one non-perishable food item to feed those who can't buy food. Everyone wonders what games and haunted houses there will be next year with new grade eight students and new inspiring spirits.



A.P.P.L.E. SCHOOLS

At H.E.B. we aim to feed the body, then the brain!

HEB is pleased to once again be part of the A.P.P.L.E. Schools initiative for the 2017-18 school year. Improving healthy eating, physical activity, and mental health habits of the students through an approach called Comprehensive School Health (CSH) is the focus of this initiative. CSH maintains healthy students are better learners, and better-educated individuals are healthier. It is HEB's intent to equip students with the knowledge necessary to improve and to take ownership of their own health and social behaviors.

The breakfast program is a valuable asset to our students. Having breakfast available for the students enables all students to have the opportunity to begin their day prepared for learning and not distracted by their hunger. **The Breakfast Program has grown to five days per week due to its popularity and positive feedback from students.** The program now runs Milk Monday where milk and Choose Most Often cereals are provided to students; on Toast Tuesday students have access to whole wheat toast with butter, jam, or Wow Butter; Tim Horton's Bagel Thursday students have access to bagels with butter, jam, or Wow Butter; and on Fruit Fridays a different fruit is provided. Smoothie Wednesday is set to begin this month.

The breakfast program has been sustainable with parent volunteers, community support, local business partnerships, personal donations, and grants. HEB was the lucky recipient of two grants this year to help support our vision of healthy eating in our school. The President's Choice Children's Charity will help support the purchase of food for our students so they are ready to learn. Funds to purchase equipment, such as a conveyor toaster and blenders, needed to efficiently prepare breakfast were obtained through the Alberta Healthy School Community Wellness Fund Grant.

Safe and Caring ...

MIX-IT-UP at HEB!

“Celebrate diversity, create unity and bring peace to our HEB Community.”

This theme was delivered to our students all week long as we “Mixed-It-Up!” Hosted by Mrs. Turchyn, our Student Advocacy Councilor and Mrs. Edwards, our School Librarian, students had presentations, activities

and really great discussions on what we can do as just one individual, with the overwhelming job of making the world a better place. Here is what our students had to say:

“Being different makes each of us special.” Gr. 5

“I liked the video; I felt inspired.” Gr. 5

“I liked how we had to talk about our differences and similarities.” Gr. 6

“I realized how much we rely on

other countries.” Gr. 6

“Without labels, the world would live in peace. I would be equal.” Gr-7

“Without labels, I would be different. There would be more freedom and no one would judge me.” Gr. 7

“Every person can accomplish a task, every person can try to change the world.” Gr. 8

“Very motivational video; I’ll try harder.” Gr. 8

Art is always great way to show diversity, as a group of people can be given the same materials and the same instructions and yet every result will be very unique. All students were invited to participate in the school-wide Art Contest. Students were given special art paper and the same instructions. The results were beautifully diverse and displayed in our library!



Participating in a broad program of studies including fine arts, career, technology, and health and physical education.



Providing ACCESSIBLE EFFECTIVE and EFFICIENT programs and services for students

Student Learning Opportunities

H.E.B. GOLF TEAM!

On September 27th H.E. Bourgoin School sent a junior team of grade 7 and 8 students to the second annual Junior Golf Tournament, hosted by Bonnyville Centralized High School. The tournament was held at the Bonnyville Golf and Country Club.

H.E.B was represented by seven athletes: Louie Holinaty, Ben Skarsen, Dylan Hebert, Nate Hepburn, Boady Bellamy, Olivia Munday and Annalee Casselman. Our athletes walked 9 holes while paired up



with golfers from across the district.

This event was a chance for students to experience “provincial tournament” play/

rules and hopefully encourage further participation in golf.

We are proud of our athletes and their sportsmanship at the tournament. The day was a great success and we hope to see even more students come out for the event next year.

Student Achievement ...

MOUNTAIN BIKERS!

On September 28th, our Mountain Bike athletes attended the annual Mountain Bike Race at Sentinel Park at 4 Wing Cold Lake hosted by the LSAA (Lakeland Schools Athletic Association). The course was 7 kilometers through the forest, up and down hills, and over creeks.

H.E. Bourgoin was represented

by 16 athletes, which ties as the biggest team we have ever sent.

We are very proud of all our athletes and their strong showing at the race. We hope this sport keeps growing as it has been, and that our Bears continue representing our school with pride!

The following students finished top 10 in their category:

Ryan Bowman – 7th Intermediate Boys

Courtney Anderson -3rd Intermediate girls

Taylor Hansen – 4th Intermediate girls

Nate Hepburn – 5th Junior Boys

Isaiah Watters – 4th Junior boys

Zaxton Blake – 8th Junior boys

Keegan Haldane – 6th Novice girls

Alexa Gamble- 7th Novice girls

Sydney Parke- 8th Novice girls

Izzy Watters- 3rd Tyro girls

Lifelong Learning

Explore your **INTERESTS**,
Discover your **PASSIONS!**

Grade 7/8 students just chose their next set of exploratory classes.

- 3-D Printing
- Science Challenge
- Christmas Concert
- Foods
- Pottery

- Choir
- Card Sharks
- Woodworking
- **Bloxels**

New this term is **BLOXELS!** In this exploratory, students are introduced to “electronic art” by building an entire video game from scratch using nothing but a Bloxels Gameboard, some different colored blocks, the Bloxels app., and their creativity!

The 13x13 Bloxels Gameboard is the starting point for every aspect

of the game; students design every element of the game such as creating rooms, building layouts, making characters (heroes and villains) and designing the background art, all with the board and some blocks.

Once the masterpiece is done, the students can play and share their game with the world by publishing it to the Infinity Wall through sharing the unique coordinates with friends to see if they can beat it! Let the IMAGINATION begin!

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Demonstrating the knowledge, skills and attitudes necessary for lifelong learning



The World of Work & Citizenship...

Town of Bonnyville Election Candidates Visit Grade 6 Students at H.E.B.

On Tuesday October 10, 2017, the Town of Bonnyville candidates visited H.E. Bourgoin Middle School to share their platform for the upcoming election with grade 6 students.

H.E. Bourgoin Grade 6 students were very excited to welcome seven of the nine invited municipal candidates to their school on Tuesday, including Elisa Brosseau, Chad Colbourne, Ray Prevost, Nestor Kunec, Lorna Storoschuk, Morris Mickalyk, and Jim Cheverie. After studying an Introduction to Democracy in Social Studies, the students were prepared with powerful questions for the candidates.

Student interests were mostly related to recreational facilities and options in Bonnyville, including any upgrades to the swimming pool, skate park, and a pickleball court. In addition, students wondered about

the plan to repair the alleys and the abundance of potholes in them. With class elections approaching for class mayor, students also sought advice from the candidates regarding this position and how to be successful.

“I enjoyed meeting the candidates and hearing what they had to say about our community and their goals for improving it,” stated grade 6 student Abby Hepburn. “I now know what the candidates stand for and can make a more informed decision in our student vote,” Hepburn added.

HEB students felt that the candidate visit experience was rewarding and helpful to understanding the Social Studies topic. “It was like hands-on learning and applied to real life!” student Kacey Somers exclaimed.

In Language Arts, grade 6 students are learning how to write newspaper articles. Here is what Grade 6W students wrote together about their experience...

On Tuesday, October 10th seven of the

nine candidates running in the Town of Bonnyville municipal election visited grade six students at H.E. Bourgoin. Candidates introduced themselves to the students and answered numerous questions put forth by the young citizens.

Students questioned the candidates on issues that related to young people in our community and gave the candidates advice and unique ideas. Ayden from 6W quoted, “It was interesting hearing what the candidates had to say. I was made aware of issues I didn’t know

about, such as the connection of the water line from Cold Lake.” Candidates learned that students were quite interested in knowing what their plan was to increase recreation for young people in our town. Ethan Evans was impressed with Mr. Prevost’s honest response to a question about the swimming pool. “Mr. Prevost told us about the reality of building a new swimming pool and how much money we would have to raise, taxes would need to increase, and some programs may need to be cancelled,” quoted Ethan.

The grade six students would like to thank the candidates for coming to the school given their busy schedules. The students have been learning about the importance of taking part in democracy and hope all parents of H.E.B got out and voted.

Developing the attitudes and behaviors to be successful at school and work.
Modeling the characteristics of active citizenship.



Continuous Improvement

SCHOOL COUNCIL

Parents, come join us at our monthly meetings where we dialogue with you about H.E.B.’s **Strengths** (What should we be

doing MORE of?), **Weaknesses** (What should we be doing LESS of?), **Opportunities** (what NEW things could we do?), and **Threats** (what must we STOP doing?)

These questions and subsequent discussions and suggestions form the basis to H.E.B.’s improvement plans.

Providing a Quality Learning Environment

NOVEMBER 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 FLEX Photo Retakes	2 Day 3	3 Day 4	4
5	6 Day 1	7 Day 2	8 Day 3	9 Day 4 Remembrance Day Assembly 1:00 pm	10 Family Friday	11 Remembrance Day
12	13 Day 1	14 Day 2	15 FLEX School Council Meeting 7:00 pm ALL PARENTS WELCOME!	16 Day 3	17 Day 4 Pizza Sale	18
19	20 Day 1 Book fair 9-4 Progress Reports go home	21 Day 2 Book fair 9-4	22 Day 3 Book fair 9-4	23 Day 4 Book fair 9-8 3:30-9:00 Student Led Conferencing & Parent/Teacher Interviews (see below for more details)	24 No School	25
26	27 Day 1	28 Day 2	29 FLEX	30 Day 3		

DECEMBER 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Day 4	2
3	4 Day 1	5 Day 2	6 FLEX	7 Day 3	8 Day 4	9



NEW STAFF AT H.E.B. We are pleased to welcome back Mrs. Allison Wurzer to our H.E.B. Bear's Den.

Due to the large number of students in our Grade 5 and 6 homeroom classes, we are splitting the three classes into four classes for the core subjects of Language Arts and Math. We were given this opportunity because our school received additional funding from the Division through the Alberta Government's CIF funding (Classroom Improvement Funding), which is being used to support the numeracy and literacy goals of the Division.

Mrs. Wurzer, former teacher at H.E.B. School, will be instructing the students every morning in these subject areas, while Mrs. Sharun, our Inclusive Education lead teacher and former grade 5 teacher, will do the same at grade 5.

HOMWORK ROOM
Mondays & Wednesdays
3:30-4:30 pm
Computer Lab
Snacks Available!

H. E. B. Welcomes you to join us at our November....

Grade 5/6

Student-Led Conference from 3:30-5:30 pm (no booking required)

Parent/Student/Teacher Interview from 6:00-9:00 pm

Grade 7/8

Parent/Student/Teacher Interview from 3:30-5:30 pm — 6:00-9:00 pm

Go to hebschool.ca to book your 10 minute timeslot for Parent/Student/Teacher interviews.

CONCESSION
Now Open

EXAM BANK
Username: nlsd
Password: nlsd69

A.P.P.L.E. SCHOOLS: HOT LUNCH MENU

Our Healthy Hot Lunch menu is now available on **School Cash online**. \$5.00/lunch

Tuesdays	Wednesdays	Thursdays
Lakeland Grill: Chicken Quesadilla on whole wheat tortilla with green peppers and cheese, sour cream on the side	Express Pizza: Baked Spaghetti with a fruit cup <i>alternate weeks</i> Baked Lasagna with a fruit cup	Burger Baron Hamburger with lettuce, tomato, light mayo, and apple slices on the side

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Password: 8088